

Wakey Wakey

32 Count, 4 Wall, Improver

Choreographer: Scott Blevins and Jo Thompson Szymanski
(USA) Jan 2015

Choreographed to: I Woke Up by One-T,
Album: The One-T's ABC

24 count intro to start with lyrics

Sequence: Front wall, Side wall, Back wall dance 16& counts and Restart facing the original 12 o'clock wall.

Front wall, Side wall, Back wall dance 16& counts and restart facing the original 12 o'clock wall.

Front wall, Side wall dance 16& counts and restart facing the original 9 o'clock wall.

Dance full 32 to ending.

1-8 SIDE, BEHIND, SIDE, PLACE, KNEE POP, CROSS, SIDE, ½ TURN SAILOR WITH CROSS

1-2&3 Step R to right; Step L behind R; Step R to right; Place L fwd toward left diagonal

&4 Pop both knees fwd toward left diagonal; Return knees to neutral position

5-6 Transfer weight to L as you step R across L; Step L to left

7&8 Step R behind L; Turning ¼ right, step ball of L back; Turning ¼ right, step R across L [6:00]

9-16 ¼ RIGHT, ¼ RIGHT, CROSS TRIPLE, ROCK, RECOVER, CROSS, SIDE, BEHIND, ¼ LEFT, ¼ LEFT

1-2 Turning ¼ right, step L back; Turning ¼ right, step R to right [12:00]

3&4 Cross triple - Step L across R; Step R to right; Step L across R

5&6&7 Rock R to right; Recover to L; Step R across L; Step L to left; Step R behind L

8 Turning ¼ left, step L fwd [9:00]

& Turn ¼ left on L [6:00]

Note: This ¼ turn is meant to be done just before you step R to right side on count 17 or just before you step R to right side on count 1 during the Restarts.

17-24 HIP CIRCLE, BUMP, HIP CIRCLE, BUMP, ¾ WALK AROUND R-L-R-L TO RIGHT

1 Step R to right circling hips anti-clockwise from back to front

2 Touch L fwd toward left diagonal and bump to left

3 Circle hips clockwise from front to back taking weight on L as you finish the circle

4 Touch R fwd toward right diagonal and bump to right

5-6 Turning 1/8 right, step R fwd at a diagonal toward 7:00; Turning 1/8 right, step L fwd toward 9:00

7-8 Turning ¼ right, step R fwd toward 12:00; Turning ¼ right, step L fwd toward 3:00

25-32 KICK, OUT, OUT, BALL, CROSS, FULL TURN, SIDE ROCK, ¼ RECOVER, STEP, ¾ PIVOT

1&2&3 Kick R fwd; Step R to right; Step L to left; Step ball of R to center/slightly back; Cross L over R

4 Unwind a full turn right on the spot, taking weight on L

5-6 Rock R to right pushing hips to right; Turning ¼ left, step L fwd [12:00]

7-8 Step R forward; Turn ¾ left taking weight on L [3:00]

3 Restarts occurring after count 16& on rotations 3, 6 and 8

Ending: When you complete the last rotation you will be facing the original 6 o'clock wall and your weight will be on your L foot.

There is one more beat of music: Turn ½ left on L; Step R to right to face original 12 O'clock wall.

Enjoy!